

This is a collection of actions you can engage that will allow you to re-experience how it feels to live outside the limiting confines of societal “norms” ... As long as no one is injured in the process, it really is good to re-member how it feels to be “weird” or “unusual.” Freedom is only as Freedom does - So go forth today, have some fun, and choose to be Free!

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Today, find a spot in your community where folks tend to drive too rapidly, dress in dark blue, sit in a chair and point your hair dryer at cars as they pass by ...

Today, run your windshield wipers if it's sunny and don't if it's raining ...

Today, answer everyone with “That's what YOU think.”

Today, end all your conversations with a smile while putting your hands over your ears ...

Today, greet all strangers you meet with sincere enthusiasm ...

Today, choose to hop and/or skip instead of walking ...

Today, go through several drive-thru windows and inform tellers that your order is “take-out” ...

Today, speak sincerely to all children you meet as though they were adults ...

Today, make all your decisions based on the roll of the dice (literally) ...

Today, get lost and choose to allow another person(s) to guide or lead you back ...

Today, wear gloves all day ...

Today, speak with/to all electronic equipment you encounter ...

Today, leave five unusual personal items in random places with notes attached -- encouraging their finders to return them to you via your local post office ...

Today, introduce yourself as the owner of the every establishment you enter or occupy ...

Today, buy a novella, cross out one particular word throughout, and then leave it in a public place to be found ...

Today, be the last person to leave every room or space you enter ...

Today, perform every task with your non-dominant hand ...

Today, invent an unusual (yet relatively healthy) smoothie or beverage and offer free samples on a street corner ...

Today, openly defend everyone and everything that you hear others gossip about or criticize ...

Today, regularly ask for feedback from others (both associates and strangers) ...

Today, regularly ask others about the Meaning of Life ...

Today, bail a stranger out of jail (or at least visit one and extend some Kindness) ...

Today, choose to move grace-fully (i.e. slowly and smoothly) ...

Today, give others a "Tour of the Normal" (i.e. regularly point out the spectacular in the familiar) ..

Today, give a homeless person some new clothes (or a bus ticket, or some tea) ...

Today, go to a bookstore, sit in the religion section, and offer to autograph the books that customers take off the shelves there ...

Today, buy some brightly colored spray paint and "wonderize" the unsightly graffiti in your community ...

Today, hand deliver all your correspondence (especially your emails) ...

Today, tell both a "10" (someone your ego considers to be beautiful) and a "1" (someone your ego considers to be ugly) how beautiful/handsome she/he is ...

Today, pretend to be a tourist in your own community ...

Today, play with &/or sculpt your food before eating it ...

Today, regularly quote yourself ...

Today, pick up and discard all the litter you find ...

Today, make a small treasure box, fill it with beautiful items (be creative), bury it, draw treasure maps thereto, and distribute those maps to random strangers ...

Today, write love-notes of gratitude to Life/God and set them afloat in bottles in any public pool, fountain or other body of water ...

Today, go out of your way to be as openly and radically kind to others as possible ...

Today, dance for all surveillance cameras ...

Today, greet all babies you encounter by welcoming them to life ...

Today, use the words "Wonder", "Peace" or "Love" in every sentence you utter ...

Today, choose to eat at least one meal at a local soup kitchen ...

Today, perform as many tasks as possible backwards ...

Today, look up a few unusual words and use them as often as possible when speaking with others ...

Today, carry around chopsticks (&/or your own silverware) and use them at every meal (including all snacks) ...

Today, carry aruond a pack of handi-wipes and use them before and after eating every meal with your hands...

Today, learn one Wonder-full joke and share it with as many strangers as possible ...

Today, place an extremely detailed personal ad in the paper (or write one on a public wall) ...

Today, joyfully deny yourself all traditional forms of comfort (e.g. use no pillows, watch no TV, use no cell-phones, shower cold, eat bland foods, stand as often as possible, use no umbrellas in the rain, forego using air-conditioning, etc.)

Today, go play on a children's playground ...

Today, travel to "nowhere" (a random location) and simply sit and look around ...

Today, ask others to give directions to a destination that is already within your sight and then thank them profusely for helping you find it ...

Today, walk around with your shoelaces untied and thank everyone who informs you of the same ...

Today, drive around with a water bottle on the roof of your car and thank everyone who informs you of the same ...

Today, attempt to contact everyone you can remember hurting during your lifetime and apologize to them ...

Today, attempt to contact everyone you can remember having hurt you during your lifetime and forgive them ...

Today, think of a set of unusual views (e.g. glass is actually a liquid, we are all actually One, etc.) and go through the day randomly professing the same to those you encounter ...

Today, set up shop on a street corner and offer to bathe and oil others' feet and/or hands ...

Today, speak slowly and deliberately ...

Today, avoid using any negative language (if you slip up, apologize and start anew) ...

Today, make your own personal identification and attempt to use it at least once ...

Today, use no money whatsoever (barter as often as possible, or simply go without) ...

Today, distribute coupons to friends and associates (e.g. Honest Advice, a Hug, Designated Driver, Dinner cooked for two, etc.) ...

Today, gossip positively about (i.e. compliment) an associate behind their back ...

Today, make copies of a Wonder-full poem or quote and leave them in random places to be found by others ...

Today, talk gently to the animals, plants and stones you encounter ...

Today, offer to work for free ...

Today, confess to a priest (and then offer to take that priest's confession!) ...

Today, move about like your favorite chess piece ...

Today, carry a hand-mirror and offer to allow strangers and friends alike to re-mind themselves how pretty their own eyes are ...

Today, start the day by picking that day's number, direction and color - and then follow only those three "messengers" all day ...

Today, make a "grand entrance" whenever entering a new room/space (Be creative) ...

Today, answer either "I don't know" or "I'm not sure" when asked any question ...

Today, speak quietly all day (or loudly, if you already speak quietly) ...

Today, smile with very pause ...

Today, invent an unusual gait/walk and saunter around that way ...

Today, introduce yourself as a Saint (and act accordingly!) ...

Today, ask those you encounter for their first impressions of you ...

Today, wear either a funky hat, a crown or war paint ...

Today, sit in a public place and read a book or newspaper upside down ...

Today, sit in a public place and read a book or newspaper out loud -- backwards ...

Today, smile while sprinkling all your loose change as you walk ...

Today, write a favorite quote on five \$1 bills and distribute them randomly to strangers after reading those quotes aloud to them ...

Today, leave “Secret Admirer” notes and/or flowers to be found by others ...

Today, walk around with a water bottle and water all the plants you encounter ...

Today, bow to everyone you meet ...

Today, as often as possible (ideally for the entire day), be silent ...

Today, dial random phone numbers and wish a happy day to those who answer ...

Today, go the whole day without using any water ...

Today, go the entire day without eating any solid food ...

Today, choose to jaywalk creatively (and safely) as often as possible ...

Today, learn your community’s local history from actual locals ...

Today, visit a never-before-visited church (not during its regular hours of worship), sit in silence for a few minutes, and envision unconditional Love being preached therein ...

Today, leave work early for “an important errand”, head directly to a favorite spot, and sit there alone in Peace ...

Today, regularly pause to look closely at your palms, feet, and (in a mirror) your own eyes ...

Today, throw away (or recycle) something you like but don’t regularly use, and give away something else you cherish ...

Today, place an “Out of Order” sign on a public elevator and then sit nearby to watch others’ reactions thereto (smile while doing so) ...

Today, turn all posters, pictures and portraits you see upside down ...

Today, order an impossible pizza (“to go”) ...

Today, answer all questions with another question ...

Today, wear clothes whose colors clash ...

Today, choose to eat all meals while sitting on the streets ...

Today, without hurting yourself or another, fall down three times in three different public venues ...

Today, go the entire day without offering either advice or an opinion of any kind ...

Today, take time to either dance in the rain or run barefoot through a park ...

Today, smile at every stranger you encounter ...

Today, regardless of where you are going, remember to take “the long way” ...

Today, choose to see the ally in every “enemy” ...

Today, regularly sit still and simply watch life flow by you ...

Today, ride elevators and hum your favorite tune therein (or relay your favorite joke) ...

Today, make music and/or drum in public ...

Today, notice the amazing in the “normal” (and point out the same to others) ...

Today, head to either a hill-top or a balcony and scream “Thank Youuuuuuu!” at the top of your lungs ...